February
1990

Carolina Country®

Consumers Warned To Be Wary Of "Energy Saving" Surge Suppressors

See *Page 6*

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Tune Into Load Managem

Windfall Must Be Applied Judiciously

ɔw Will U.S. Spend 'Peace Dividend'?

The following editorial was written by Bergland, executive vice president of the mal Rural Electric Cooperative Association.

It is impossible not to keep an ear tuned to ts transpiring in Eastern Europe, despite all e things that have to be done here at home. It may seem as if the mind-boggling upheaa n the Soviet bloc nations are far removed rural America, but in fact, what's happenn the "iron curtain" countries, so labeled by ton Churchill more than 40 years ago, has mely important implications for rural ica and for those of us in the rural electrion business.

See related column, page 30.

As the unfolding drama in Eastern Europe s more and more toward civil relations een NATO and Warsaw Pact nations, specn on the budgetary consequences of eclared peace" is surfacing in Washington. e is talk of a "peace dividend" and what to th it.

Several members of Congress have given ons on what should be done with the ective billions of dollars of public money vill be freed from sharply trimmed defense ts in the 1990s.

This may sound premature in view of the yonic stage of the freedom movement way in Eastern Europe. No one knows if dical political turn will continue. But apply mino theory to the situation, as some are . Suddenly, the need for hundreds of thouof military personnel in Europe and e bases in the far Pacific and Asia may dis- along with the need for $300 billion-plus e budgets every year.

With the potential cutbacks in monetary s this would dictate, we could have a tary windfall. There could be enough available to begin whacking back the leficit piled up in the 1980s and enough to do other things as well, like funding badly needed programs that have been shelved. The list is substantial.

Sound like a fairy tale? A few months ago it certainly would have. No one had an inkling that the hated Berlin Wall would come down peacefully this soon—or that other repressive governments would be toppled so soon. Yet this and more is happening.

As a consequence, more than a few political observers see the "peace dividend" developing as one of the hottest political issues of the 1990s, with debate focusing on questions such as whether to use the money to reduce the deficit or taxes, to fund domestic programs or a combination.

You might ask, how does this international situation relate to rural America and to rural electrification? In a variety of ways. For example, if big reductions in defense spending come about, part of the reduction likely would come through the closing of military bases, many of which are located in rural areas and are served by rural electric systems. These bases also employ thousands of rural people and therefore pump millions of dollars into local economies.

I frankly do not believe that the government can simply abandon the bases and walk away. Government has a responsibility to help communities make the adjustments required for survival when there is a sudden withdrawal of payrolls and massive loss of population. Otherwise, economic disaster would plague hundreds of towns and small cities across the land. The need for job retraining, investment capital and various forms of economic development would be critical if not overwhelming.

An obvious and needed governmental thrust is the rebuilding of America's highways and bridges. A few years ago a congressional committee reported that it would cost $70 billion just to bring the national highway system up to standard. The problem is getting worse.

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Pure Country

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The publication, the N.C. Association of Electric Cooperatives, Inc., and the member cooperatives endorse none of the products or services advertised.

Advertising that does not conform to these standards or that is deceptive or misleading is never knowingly accepted.

Should you encounter advertising that does not comply with these standards, please inform the editor at P.O. Box 27306, Raleigh, NC 27611.

Mast General Store, Valle Crucis, North Carolina

Cover: 'My Grandfather Used To Hav Store Like This,' By Richard Tumbles

Our cover this month features an original watercolor by Wataug County artist Richard Tumbleston titled, "My Grandfather Used To H A Store Like This."

The image features items that are part of the memorabilia found Mast General Store in Valle Crucis, a country store that's been operat continuous since 1883.

Tumbleston, whose work has been featured in *Carolina Countr* several times, painted the watercolor especially for use on the cover catalog the store issued in 1986.

An item in the catalog noted that the title refers to a comment c tomers often make when they visit the historic old store—although t may well mention relatives other than their "grandfather."

The artist can relate to the nostalgia the store inspires because h father owned and operated a country store in the Round O commun Colleton County, South Carolina.

Tumbleston studied studio art at Mars Hill College, where he re ceived a degree in 1973. While at Southeastern Baptist Theological S nary in Wake Forest, he continued painting part-time. After receiving masters degree at Southeastern in 1977, he began painting full time.

The Mast Store, which is listed on the National Register of Histo Places, dates back to 1882. That's when Henry Taylor built the first r of the present store. Seven years later, a half-interest in the store was to W. W. Mast. As a result, it was known as the Taylor & Mast Store u Mast became the sole proprietor in 1913.

The Mast family continued to own and operate the store for the 60 years. The current owner is John E. Cooper Jr., who opened a sec store in downtown Boone in 1988.

The Valle Crucis store is served by Blue Ridge Electric Member Corporation, Lenoir.

The store's new catalog will be ready for distribution in May. To request a copy, write to Mast General Store, Highway 194, Valle Cru NC 28691.

Tumbleston's painting is available as a signed-and-numbered lim edition print. The image is 15″ x 19″ on 17″ x 22″ paper. The price $50 each, including shipping and handling. Order copies from the a at P.O. Box 1243, Boone, NC 28607.

EDITOR'S LETTER

; Readers,

Our January cover featuring Dempsey
k's "Good Morning Miss DeLapp" stirred
Carolina Country readers to write, noting
kinship with the painting's "Miss DeLapp."
The painting depicts the 103-year-old home
ss Alice DeLapp—a house that's situated on
way 150 about eight miles northwest of
ıgton in the Davidson County community
edy Creek.

Mary D. Kimel of Clemmons, Miss DeLapp's
, thanked us for "the beautiful cover and
" about the painting.

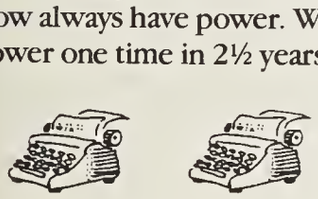
"*Carolina Country* is a most enjoyable
zine, which I pass on to my city brother,"
dded.

ohn F. DeLapp of Rt. 14, Lexington, also
, saying the house in the painting was on
andfather's farm.

DeLapp and Mrs. Kimel are both consumer-
bers of Davidson Electric Membership
oration, Lexington.

He noted that he and his wife have been
pleased" with the co-op's service.

"When our neighbors are without power,
mehow always have power. We have been
ut power one time in 2½ years. What a
d!"



We also have mail about our December
, which lifted a detail from the ornate
d glass window at the Church of the Good
erd in Rocky Mount.

The Rev. Charles I. Penick, the church's
, wrote to thank us for the copies of the
ine we'd sent him.

I have enjoyed sharing these with some of
rishioners and all are impressed that our
Christmas card was used for your cover.
ly this is a replica of only a small portion
ge window in the rear of the church,"
L.

I hope someday you can stop by and I can
ıe opportunity to show you all of what I
s the prettiest small church in the Dio-
North Carolina."

If you'd planned to order a print of "Rural Memories," the country store image we featured on our cover last April, I'm afraid you're out of luck. The Pamela Renfroe limited edition print is now sold out.

However, the artist is now offering signed-and-numbered prints of a similar painting she did in cooperation with the Coca-Cola Company. It features a 1930s era country store, adorned with several Coke signs. A bright yellow Coca-Cola delivery truck is parked outside and the driver is lugging in a crate of the soft drinks. The painting is titled, "The Pause That Refreshes."

The colorful print, which is reproduced here in black and white, features an image size of 21" x 29½" and an embossing of a Coke bottle cap. Each print is accompanied by a "Certificate of Authenticity" noting that all the soft drink trademarked items in the painting have been authenticated by the Coca-Cola Company.

Copies of the print are $80 each, including shipping and handling. Send mail orders to The Renfroe Collection of Fine Art, Rt. 2, Bowman, GA 30624. For phone orders using major credit cards, call (404) 245-5357.

We want to pass along a warning that has been issued regarding a diet plan which has been advertised in recent months through *Carolina Country* and various other rural electric publications across the country.

The ads promote a "health guide" by Dr. Edwin Flatto titled *Cleanse Your Arteries and Save Your Life.* It is sold through The Leader Co., Inc., in Canton, Ohio.

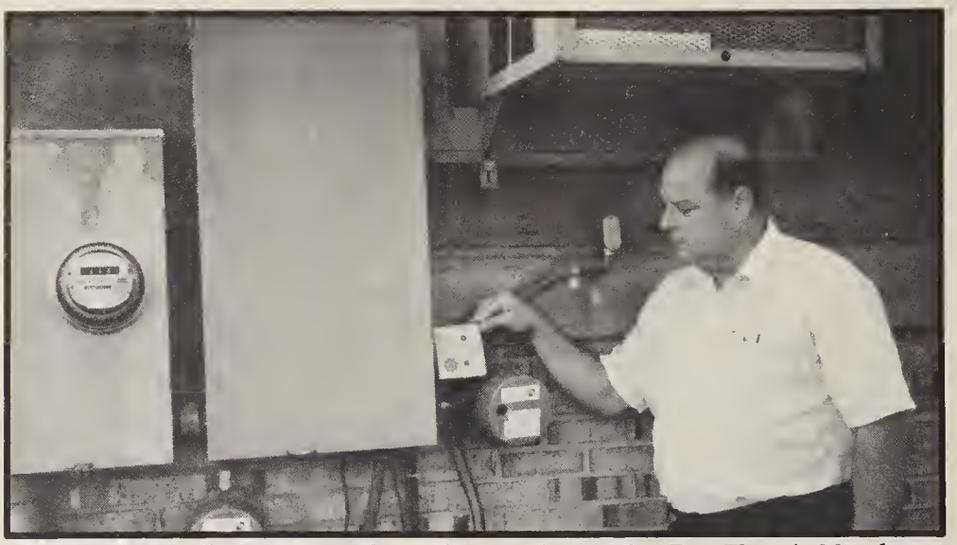
The warning came from Nancy Tullis, reliable nutrition information chairman for the Louisville, KY, Dietetic Association, in a column in the organization's newsletter.

She was asked to critique the guide after an ad for it appeared in the Kentucky rural electric magazine, *Kentucky Living.* She ordered a copy and had its weight control vegetarian diet analyzed by computer. The analysis showed that the 45-page booklet's menus "were grossly inadequate with no provision for vitamin B-12" and they had "other deficiencies."

In light of this report, *Kentucky Living* and *Carolina Country* will accept no further ads for Dr. Flatto's book. Other rural electric magazines are expected to take the same position.

Best regards,

Owen Bishop



Bryant Braswell, manager of member services at Pee Dee Electric Membership Corporation, Wadesboro, points out a "Power Guard" surge suppressor at an Anson County home. The device, which has been promoted as an "energy saving" instrument, is now under a court-ordered sales ban in North Carolina because the energy conservation claims have not been documented.

Consumers Warned To Be Wary Of "Energy Saving" Surge Suppressors

North Carolina consumers are being warned to be wary of so-called "energy-saving" voltage surge suppressors that are being marketed in the state.

The State Attorney General's office recently took steps to stop one Florida-based company from selling these devices as "energy savers," but officials at North Carolina's Electric Membership Corporations (EMCs) say that such devices can still be found for sale.

The devices, which are usually sold door-to-door or through multi-level marketing, have not demonstrated that they can save consumers money on their power bills. The most common surge suppressors, which are used to protect sensitive high-tech equipment, sell for about $30, but the so-called "energy-saving" suppressors often sell for hundreds of dollars.

"Right now, $995 is the going rate for a surge suppressor," said Bryant Braswell, manager of member services at Pee Dee EMC, Wadesboro. "I know of one guy who got a deal on two and paid $1,400 for them."

Braswell said his skepticism about the "energy saving" claims for the units led him Johnny Cox, an electronics technician at th op, to conduct a test of a "Power Guard" b surge suppressor on a swimming pool mot The motor's power use was monitored for hours with the device in place and for 24 h without it.

When one of the devices was tested, power use records showed that more electricity was used when the device was attached to the motor than when it was disconnected.

The test, arranged in cooperation wit "Power Guard" sales representative in Ans County, was observed by a licensed electri

Power use records showed that more tricity was used when the device was attac to the motor than when it was disconnect Braswell said.

"People are being taken by these devi said Braswell.

Meanwhile, officials of Lumbee River Red Springs, have seen the devices market that area.

"I've got tons of advertising materials these surge suppressors," said Alan W. Smi public relations specialist at Lumbee River "They usually start trying to sell them after peak heating and cooling seasons."

Smith said many of the printed advert materials show utility bills before and afte surge suppressor was put in place—claim drastic savings. The comparison is mislead because, after the peak heating and coolin sons, utility bills normally drop due to red power use.

In December, the Attorney General's filed a consent order in Wake County Sup Court preventing the Florida-based Solar Inc., from marketing the "Power Guard" s suppressor as an "energy saving" device.

Although the action halted that comp sales efforts, David Kirkman, assistant atto general for consumer protection, said oth companies are probably still operating.

"There are about two or three other panies still marketing these devices," he s "They've been put on alert that we are lo into their claims."

If you are considering purchasing an "energy-saving" surge suppressor, consul EMC or a reputable electrician before bu the device.

—Randy W

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At NCEMC

Rural Electrification Veterans Named To Management Posts

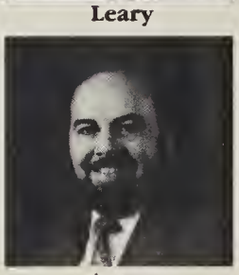
Three veterans of the rural electrification program have been named to top leadership positions with North Carolina's statewide organization of electric cooperatives.

Two of the three men were reassigned to take on new responsibilities in the organization while the third is a newcomer who has had 12 years of experience with generation and transmission cooperatives in Colorado and Kansas.

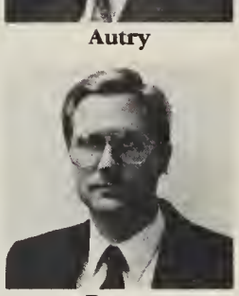
They are:

- Douglas P. Leary of Wake Forest, a former manager of Wake Electric Membership Corporation (EMC), Wake Forest, named manager of administration and corporate services.
- Jimmy M. Autry of Raleigh, who has held management posts with co-ops in North Carolina and Georgia, named manager of marketing and corporate communications.
- Terrence W. Ryan, who has been director of power supply and assistant executive vice president at Kansas Electric Power Cooperative, Inc., during the past two years, named manager of power supply.

Leary



Autry



Ryan

Each of the officials report directly to Wayne D. Keller, who became executive vice president of the EMC organization in October after serving in the post on an interim basis since last June. Three other division managers also report to Keller.

The six managers comprise the senior management of the organization, which includes three corporations serving the state's 28 EMCs. They are the N.C. Association of Electric Cooperatives (NCAEC), the umbrella trade association; N.C. Electric Membership Corporation (NCEMC), a generation and transmission co-op and Tarheel Electric Membership Association (TEMA), a central purchasing and materials supply operation.

Leary, who joined the statewide organization in 1984 as manager of power supply, most recently had served as assistant to the executive vice president. In his new role, he will oversee administrative functions, general office services, human resources, EMC employee development and job training and safety services.

A native of Chowan County, Leary received his undergraduate degree at East Carolina University. Before joining the statewide organization, Leary had served four years on the N.C. Utilities Commission. Earlier he was manager of Wake EMC for eight years and staff assistant at Four County EMC, Burgaw for 10 years.

Leary is married to the former Rebecca Warren of Halifax County. They have three children, David, Jonathan and Paul.

Autry, who came to NCEMC in 1987 a manager of marketing, will direct the state residential marketing program, economic community development, market research member services and information services

A native of Robeson County, Autry re his undergraduate degree at Pembroke Sta University. He has previously served the ac tising, marketing and public relations depa ments of Southern National Bank, Carroll Carrollton, GA, and Lumbee River EMC, R Springs.

Autry is married to the former Judy B of Lumberton. They have one child, Shelli Conner.

As power supply manager, Ryan will the principal liaison with the co-op organ tion's major power suppliers, oversee the wide load management program, monitor NCEMC's joint ownership with Duke Pow the Catawba Nuclear Station, direct variou generation projects and guide long-range supply planning.

The Kansas native has undergraduate graduate degrees in mechanical engineeri from Kansas State University, and is curre completing work on a law degree.

Before he joined the Kansas co-op, h worked with the Colorado-Ute Electric As tion for 10 years.

Ryan is married to the former Ginge Rhodes of Texas. They have one child, Ke

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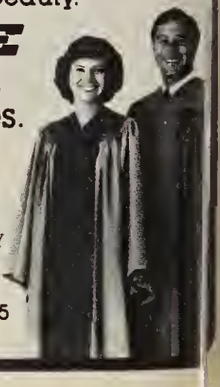


she County Native kes Reins As CEO Blue Ridge EMC

Douglas W. Johnson, who has served as m general manager of Blue Ridge Electric bership Corporation (EMC), Lenoir, since ne, is the cooperative's new executive resident.

He succeeds Wayne D. Keller, who left the ast June to serve as interim executive vice lent of North Carolina's statewide organi- of electric co-ops.

Keller became the organization's chief tive officer in October.

Johnson, who has been with Blue Ridge or 10 years, was vice president of marketing for two years before taking his interim post. Earlier, he served the co-op as an energy services specialist, director of energy management and manager of energy services and marketing.

As the co-op's chief executive officer, Johnson will over- e operations of a cooperative serving han 47,000 homes and businesses in western North Carolina. The area includes dell, Watauga, Ashe, Alleghany and parts of , Avery and Alexander Counties.

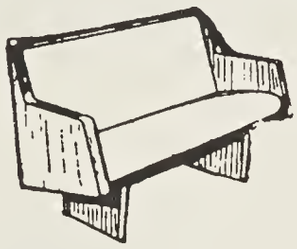
he Ashe County native has a BS in busi- lministration from Appalachian State Uni- . He is a former Jaycee, a past member of International and he serves as a deacon at Creek Baptist Church in Lenoir.

hnson is also a member of the Board of rs of the Caldwell County Chamber of erce.

e is married to the former Kathy Cottrell ne and they have two children.

eller, a Lenoir native, was with Blue Ridge r 30 years when he accepted the interim de position. His career with the co-op d stints as staff electrical engineer, Ashe Office manager and manager of engi- ; and operations.

CHURCH PEWS PADDED
by CAMPBELLS



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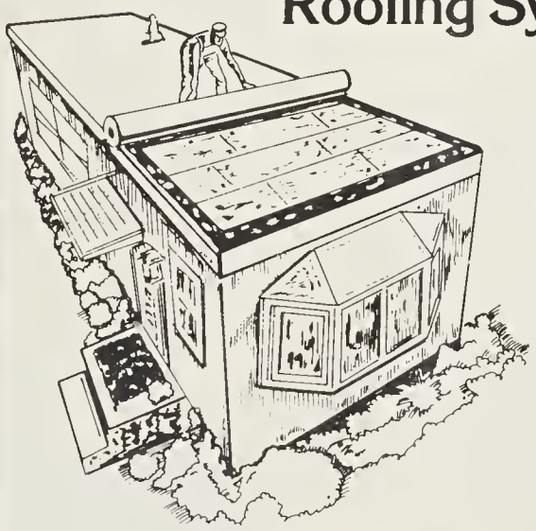

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Answers to boating problems are just a phone call away with the Boating Safety Hotline, a toll-free telephone service operated by the U.S. Coast Guard.

The number, 1-800-368-5647, provides callers with information on boating safety literature, boating recalls as well as taking consumer complaints.

The hotline is operated Monday through Friday, 8 a.m. to 4 p.m. If you call after hours, an answering machine will record your name and telephone number. An operator will call you back the next working day.

If you prefer to write for information on boating safety matters, send your request to: Consumer Affairs Staff (G-BC), Office of Boating, Public and Consumer Affairs, U.S. Coast Guard Headquarters, Washington, DC 20593.

Five Tar Heel TV Stations Set To Air Special Show

Five North Carolina television stations will broadcast an important special concerning the nation's groundwater in conjunction with National Agriculture Week, March 18 to 24.

Entitled "American Farmers ... Guarding Our Groundwater," the 30-minute show focuses on the nation's farms and their effect on groundwater. The special includes interviews with farmers, scientists, legislators and chemical industry officials.

The program, sponsored by DowElanco, also features farm broadcasters from around the nation, including Dix Harper from WRAL-TV in Raleigh.

The Tar Heel st
tions broadcastin
the program are:
WGGT-TV, Chan
48, in Greensbor
Winston-Salem;
March 20, 5:30 a.
WXFI-TV, Channe
in Greenville/Ne
Bern; March 21,
9 p.m.; WRAL-TV,
Channel 5, in Ral
March 24, 6:30 a.
WYED-TV, Chann
17, in Clayton; Ma
20, 6:30 a.m.; and
WFCT-TV, Chann
March 20, 6:30 a.

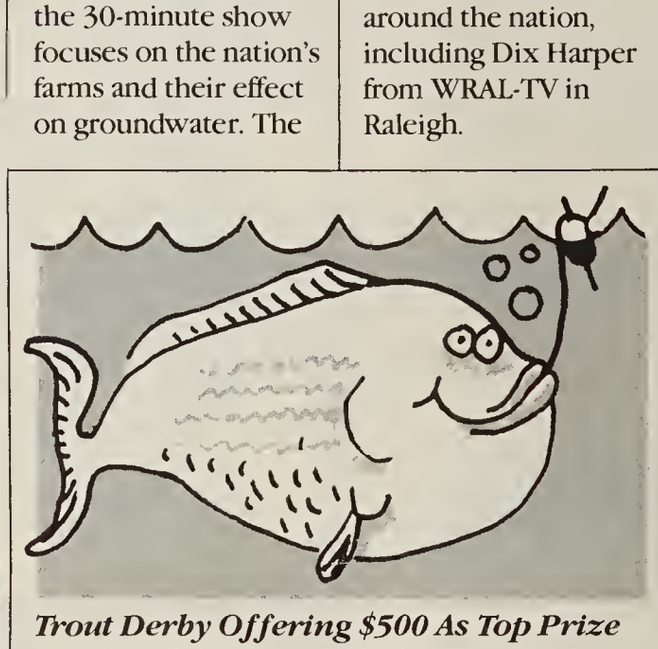
How Will U.S. Spend Its 'Peace Dividend'?

(Continued from page 3)

We've let our highways literally go to pot because of the deficit. Some 13 percent of our bridges are beyond their design life. Is it any wonder they are falling down?

We have so much to do in this country that our fervent hope should be that a peace dividend is, in fact, on the way. Should this transpire, the rural electric cooperatives, through their national association, must actively participate in helping to decide the all-important policy question of what to do with it. We must be certain the best interests of rural America are served.

Rural electric cooperatives face the opportunity to help guide the domestic consequences of a world at peace.



Trout Derby Offering $500 As Top Prize

Trout fishermen will be hoping to reel in the big catch at the 18th Annual Opening Day Trout Derby, March 30 through April 1, in the waters of Watauga County.

The event, sponsored by the Blowing Rock Parks and Recreation Department, will offer a $500 top prize for the largest trout caught.

Fishing will take place daily from 6 a.m. to 6 p.m. during the three-day event.

For more information, call (704) 295-3700.

Museum Slates Civil War Film

A series of film about the Civil W has been schedul the North Carolir Museum of Histo Raleigh. The seri titled "The Divid Union," is set for 1, 8, 22 and 29.

For more infor tion, write or call museum at 109 E Jones St., Raleigh 27601. Phone: (9 733-5722.

HERE, THERE & EVERYWHERE

ne Can Pay For ful Information ding To Arrests

ward money is able to citizens help police put inals behind bars r the Stop Thefts, t Recoveries R) program. e program, nistered by the ance industry's n Carolina Rate au, recently paid)0 in Brunswick ty for informa- eading to the arrest of six men allegedly involved in numerous burglaries.

The program, which focuses on high-volume unsolved crimes involving more than 10 thefts, is co-sponsored by the N. C. Sheriffs Association and the N. C. Association of Police Chiefs. Rewards start at $1,000.

For more information on the program, contact the Insurance News Service at P.O. Box 1801, Raleigh, NC 27602.

Supplement Index Available For Historical Works

North Carolina's historical publications from 1974 to 1983 have been indexed into one useful reference work.

The North Carolina Historical Review: Supplement to the Fifty-Year Index, 1974-1983, is designed to be used with the historical index for 1924-1973 to cover all publications that have been published by the state's Historical Publications Section.

The book lists authors, subjects, names and places mentioned in various state publications.

The paperbound book is available for $27.50 plus $2 postage. To order, send a check to the Historical Publications Section, Division of Archives and History, 109 E. Jones St., Raleigh, NC 27601.

Magazine Features Varied Subjects

The rebuilding of the Duke University Law School, between 1925 and 1947 and the importance of folklore and song during the slavery period are among the topics covered in the latest issue *North Carolina Historical Review.*

The magazine, published for members of the N. C. Literary and Historical Association, is now available to the public for $20 a year. The subscription also includes six issues of *Carolina Comments,* commentary on historical activities across the state.

To subscribe, send a check, payable to the Department of Cultural Resources, to: Historical Publications Section (N), Division of Archives and History, 109 E. Jones St., Raleigh, NC 27601.

Glass Objects To Be Featured At Hickory Show

Glass objects crafted by Tar Heel artists will be the subject of a new exhibition at the Hickory Museum of Art.

"North Carolina Glass 1990" will run from March 17 through May 27. The exhibit, organized by Western Carolina University, will feature blown and cut glass works by a number of North Carolina artists.

For more information on the exhibition, contact the museum at P.O. Box 2752, Hickory, NC 28603. Phone: (704) 327-8576.

Late Artist's Work In Exhibit

A posthumous exhibition of works by University of North Carolina-Greensboro

Continued on page 12

"Carolina Country"
by
"Cotton" Ketchie

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HERE, THERE & EVERYWHERE

Continued from page 11

graduate Bix Sherrill will run through March 25 at the Southeastern Center for Contemporary Art (SECCA) in Winston-Salem.

Works by Sherrill, who died in 1979, include drawings and sketches reflecting his fascination with the human figure.

For more information, contact SECCA at 750 Marguerite Drive, Winston-Salem, NC 27106. Phone (919) 725-1904.

Museum Forum To Focus On Colonial Arts

Colonial North Carolina will be the focus of the Antiques Forum, March 3, presented by the Gaston County Museum of Art and History in Dallas.

The forum will feature speakers and presentations from the Museum of Early Southern Decorative Arts (MESDA) at Old Salem.

Lunch and beverages will be offered by the forum. Registration costs are $23 for museum members and $25 for non-members.

For more information, contact the Gaston County Museum at P.O. Box 429, Dallas, NC 28034. Phone: (704) 922-7681.

Hickory To Host Parade Of Gems

There will be plenty of sparkles at the 20th Annual Unifour Parade of Gems, March 16-18, in Hickory.

The show, which will feature an array of gems and minerals, will be at the County Adventures Convention Center. Show times for the event are 9 a.m. to 8 p.m., Friday; 9 a.m. to 7 p.m., Saturday and 12:30 p.m. to 5 p.m., Sunday.

For more information, contact the Catawba Valley Gem and Mineral Club at P.O. Box 2521, Hickory, NC 28603.

Pottery Exhibit Now On Display In Gaston County

Works by some of the state's finest potters are featured in the Gaston County Museum's Pottery Exhibit. The show will be open through March 18.

For more information, contact the museum at P.O. Box 429, Dallas, NC 28034. Phone: (704) 922-7681.

Booklet Outlines Vinegar's "Virtues"

Did you know that vinegar can be used in various ways aside from pickling and cooking? About 50 uses for vinegar are outlined in *Virtues Of Vinegar,* a handy 18-page publication.

The booklet, which also includes recipes, is available for purchase through the mail for only $1. For a copy, send a check to the Vinegar Institute, P.O. Box 720215, Atlanta, GA 30358.

Museum Exhibit Features Watercolors By British Artists

A rarely displayed collection of Englis watercolors will be shown, March 21 through May 12, at the North Carolina Museum of Art in Raleigh.

The exhibition, titled "English Landscape Watercolors from the British Museum," will feature works by such British artists as Thomas Gainsborough, John Constable and J.M.W. Turner.

This is the first time these works have been shown together in the United States Because watercolors are easily damaged l light, the paintings are rarely displayed.

For more information, contact the N. Museum of Art at 2110 Blue Ridge Blvd., Raleigh, NC 27607 or call (919) 833-193

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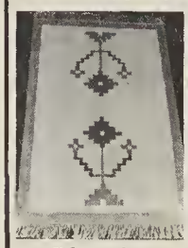

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Due To Hugo Damage

EMCs Awarded $8 Million In Relief Fund

More than $8 million in state and federal aid has been awarded to seven North Carolina Electric Membership Corporations (EMCs) as a result of the damage from Hurricane Hugo.

A total of 29 Tar Heel counties were declared disaster areas because of the storm, with the EMCs serving those areas qualifying for the financial aid.

The Federal Emergency Management Agency (FEMA) provided 75 percent of the aid and the state, 25 percent.

Last September's hurricane, which damaged hundreds of utility poles and thousands of miles of power lines, was the most expensive natural disaster ever to hit North Carolina. The state and federal aid will help pay for the repair costs associated with the storm.

"After touring some of the areas and talking with the EMC officia realized just how important it was to process the applications and get checks out as quickly as possible," said Joseph W. Dean, the state's Sec tary of Crime Control and Public Safety.

"We never anticipated that our Western counties would receive damage they did from a hurricane."

Of the $5.87 million paid to EMCs in January, Rutherford EMC, F City, received $1.2 million—the first installment of an estimated $3.5 lion reimbursement.

Other EMCs receiving aid were: Randolph EMC, Asheboro, $73,(Davidson EMC, Lexington, $199,000; Pee Dee EMC, Wadesboro, $343 Surry-Yadkin EMC, Dobson, $389,000; Blue Ridge EMC, Lenoir, $1.5 m and Union EMC, Monroe, $2.1 million.

"We felt like the system worked well," said Gary Whitener, gene manager of Rutherford EMC, referring to the assistance program. "It obvious that Emergency Management did its homework on how to m the system work and get the checks out quickly."

Timber Downed By Hugo May Be A Major Spring Fire Hazard

Timber blown down by Hurricane Hugo will create an extensive forest fire hazard this spring, according to officials of the North Carolina Department of Agriculture.

Timber downed by the Sept. 22 hurricane has the potential to burn intensely if the state experiences dry weather conditions.

The damage to timber is so severe in several counties that firefighters will have to attack fires from open fields and roads since they will not be able to take equipment into the area. This creates a dangerous situation since fires in the downed timber will be able to grow quite large before firefighters can attack them, officials said.

Landowners, however, can follow several tips to minimize the chances of forest fires on their land and near their homes.

A fire break of at least 30 feet should be maintained around homes and other structures. The fire break may contain ornamental shrubbery or similar plants used for ground cover as long as these plants don't burn easily. Wider fire breaks should be considered on slopes that exceed 30 percent.

To allow firefighting equipment access to fires, landowners should clear existing farm and forest roads of debris.

Meanwhile, the Hugo-downed timber may be marketable as sawtimber or pulpwood. If markets are saturated, landowners should consider making timber available for firewood or for any other uses that would remove fire-prone wood from the land.

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In National Contest

leigh Student's Recipe Wins $1,000

Julie Bowman of Raleigh captured third place in the student division e 1989 National American Board Egg Contest.

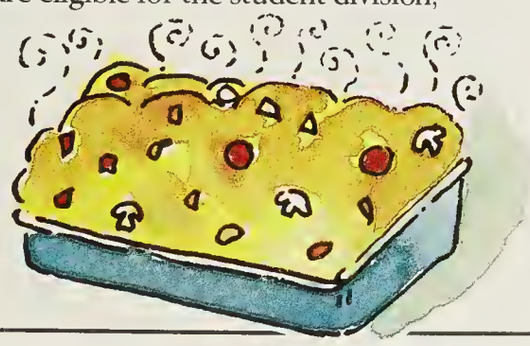
Bowman, a freshman at Millbrook High School in Raleigh, won the 0 third-place prize with her "Hoppel Poppel" recipe.

Bowman won the North Carolina contest earlier in 1989—winning for the top recipe in the student division.

Entries are now being accepted through March 30 for the 1990 con- ntrants 18 years and younger are eligible for the student division, all other entries will be ded in the adult division.

than $1,400 in prize money ng offered in the state contest.

For more information, contact . C. Egg Association, 1213 Rd., Raleigh, NC 27607. e: (919) 828-8188.



Hoppel-Poppel

2 T. (1/4 stick) butter
10 Eggs, lightly beaten
1/2 C. sour cream
8 slices salami, chopped
6 green onions, chopped
5 slices American cheese, chopped
12 cherry tomatoes, halved
14 oz. can button mushrooms, drained
Salt and freshly ground pepper

Preheat oven to 300 degrees. Melt butter in 2-quart rectangular baking dish. Combine all remaining ingredients in mixing bowl and blend well. Pour into prepared dish. Bake until puffed and golden, about 30 to 40 minutes. Serve immediately. Serves 6.

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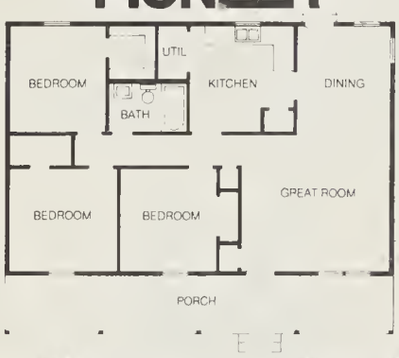

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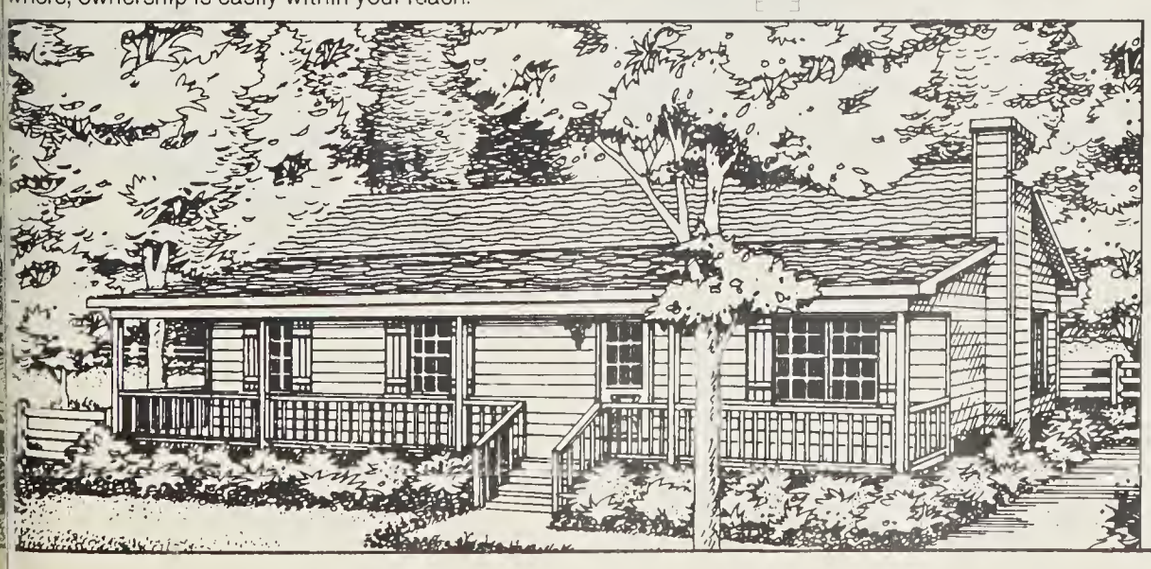

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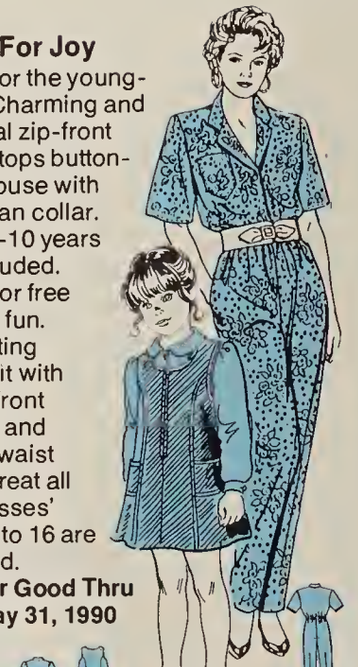

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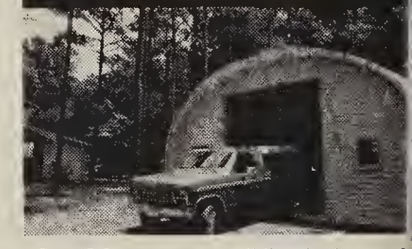

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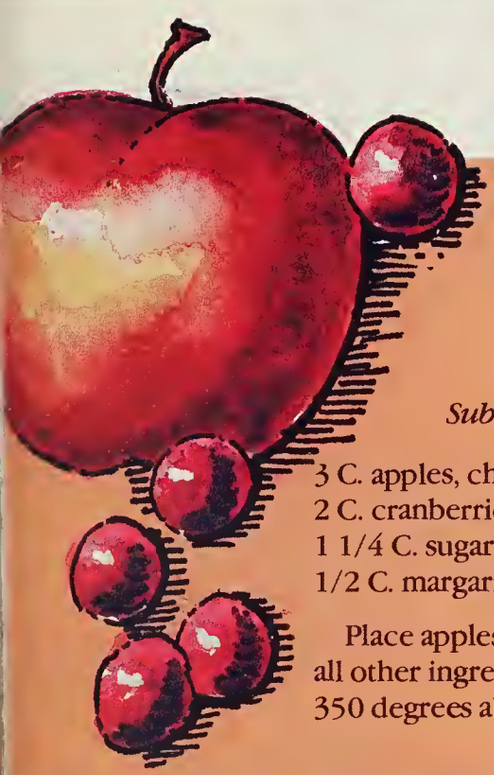

Cranberry-Apple Casserole

Submitted by Mrs. Geraldine Holloman, Harrellsville

3 C. apples, chopped, unpeeled
2 C. cranberries, raw
1 1/4 C. sugar
1/2 C. margarine, melted
1/3 C. flour, self-rising
1 1/2 C. oatmeal, uncooked
1/3 C. brown sugar
1/3 C. pecans, chopped

Place apples, cranberries and sugar into a casserole dish. Combine all other ingredients and put over top of mixture. Cook in oven at 350 degrees about one hour or less. (Serves 8-10).

Would You Like To Share Your Recipes?

If you would like to share a recipe with this column, send it to: *Carolina Country,* P.O. Box 27306, Raleigh, North Carolina 27611.

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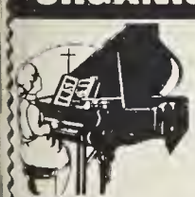

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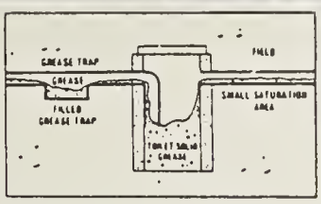

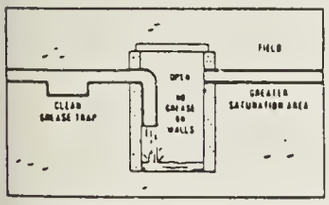

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Two December Storms Punch Tar Heel EMCs

North Carolina's Electric Membership Corporations (EMCs) felt the punch of cold weather in December as two winter storms rolled through the state.

During the second week of the month, an ice storm rocked many Eastern North Carolina EMCs—causing widespread outages and damages. Later in the month, a heavy snow storm hit the coastal EMCs—again causing significant damage and outages.

The ice storm took the biggest toll, with some consumer-members going without power for seven days.

Hardest hit by the storms were: Roanoke EMC, Rich Square; Edgecombe-Martin County EMC, Tarboro; Halifax EMC, Enfield; Pitt and Greene EMC, Farmville; Lumbee River EMC, Red Springs; Tri-County EMC, Dudley, and South River EMC, Dunn.

"The ice storm brought almost utter devastation, requiring crews to begin restoring power at the substation level and working out all circuits from there to the end of the line," said Eugene W. Brown, manager of Roanoke EMC—the hardest hit co-op, with damage estimates running close to $1 million.

The story was much the same at Edgecombe-Martin County EMC. Almost 7,000 of the co-op's 9,300 members were affected by downed power lines and broken poles.

"It was disheartening to watch as ice thickened, trees bent and snapped and the outage calls rolled in," said James B. Kinghorn, manager of the EMC.

Storm damage at that co-op totaled more than $150,000.

The outage calls also poured in at Pitt and Greene EMC, according to Manager Mark A. Suggs. He estimated that his co-op received 10,000 phone calls within a three-day period.

The snow storm dumped more than a foot of snow along the Outer Banks and other coastal areas. Outages were not as severe as during the ice storm, but there were widespread problems.

At Cape Hatteras EMC, Buxton, some areas were without pov for up to two days, said Sandy Gray, staff assistant at the co-op.

At Brunswick EMC, Shallotte, outage problems were rare, but all demand for power reached record levels—prompting co-op of to use local radio and television outlets to ask that members conse

"It worked beautifully. Our members responded great," said J. Batten, general manager of the EMC. "You could see demand sta level off after the appeals."

The cooperatives' statewide Emergency Work Plan came to t aid of the hard-hit EMC, with additional crews from fellow co-ops being dispatched to troubled areas.

The statewide plan is put into action during emergencies wit EMCs' statewide organization handling coordination of emergency through the Tarheel Electric Membership Corporation (TEMA) fa ties in Raleigh.

As calls from EMCs came into the TEMA headquarters, the ce purchasing and materials supply operation mobilized efforts to ge supplies and assistance to the co-ops in need.

The December storms closed out a busy year for the Emerge Work Plan. During 1989, the program dispatched aid to EMCs suff through such events as Hurricane Hugo, major ice storms and dan ing tornadoes.

—Randy Wh

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DWARF FRUIT TREES ON PAGE 5

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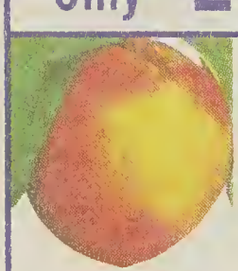

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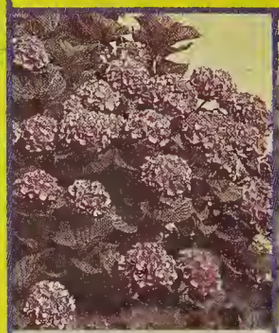

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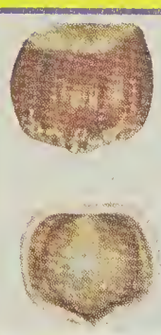

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MAILBOX

r Heel Co-op Members Dig Deep To Offer ıormous" Support For Hugo Relief Fund

On behalf of the electric cooperatives and their members in South rolina, I want to commend you and thank you for the great job you did Hugo. Your December issue of *Carolina Country* sparked an enormous ɔunt of contributions from North Carolina members to the Electric ɔperative Disaster Relief Fund.

It's just amazing what this program can do when we all pull together a worthwhile cause.

You will be receiving reports throughout the year on where this ıey has gone, but right now, I can tell you the people who received the ıey will not ever forget their electric cooperative friends. For some of e people, this fund was the only place they had left to go.

Thank you for your work and please thank your members in whatever you can.

Al J. Ballard

Ballard is executive vice president of South Carolina's association of tric co-ops. He refers to a relief fund the association established to aid l South Carolina people who were victims of Hurricane Hugo. Con- utions are still being accepted for this effort. Make checks payable to tric Cooperative Disaster Relief Fund and mail to 808 Knox Abbott e, Cayce, SC 29033.

icle Spurred "A Terrific Response"!

Thank you so much for the article on the "Golf Privilege Card." ıave had a terrific response—someone is reading your magazine!

Sadie Daughety

Ms. Daughety is regional director for the Eastern Region, American g Association of North Carolina. She refers to a card that allows ers to play at 50 courses in Eastern North Carolina. The $30 card is l through Dec. 30, 1990. For more information, write to The Card, Box 1407, Greenville, NC 27835. Or call: (919) 752-5093.

y Retirees Would Have Paid "Very Little" ler Canceled Catastrophic Medicare Plan

I am a member of the rural electric co-op (Blue Ridge Electric ıbership, Lenoir) and always read your paper and love it. But I must exception to your article on the repeal of the catastrophic coverage.

Let me say that only the wealthy and high-income senior citizens the monthly fee of $800 per enrollee.

A great many thousands of my class senior citizens would pay very Through no fault of my own, I am forced to live strictly on Social rity of $604 a month. No wife to help out. My medical bills and doc- lls are $150 a month. Then there's health insurance, car insurance ıome insurance.

Didn't your article refer only to the very wealthy, who were able to l their own catastrophic insurance? I feel badly that this article needs reviewed.

Most of our congressmen are very wealthy. No wonder they fell in ith the very wealthy citizens.

Paul J. Button, Rt. 8, Lenoir

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In This All-America City

Community Projects Inspire Civic Prid

Not long ago, civic pride was in short supply in the town of Dunn. You could ask anyone who lived there—they'd tell you the same. But times have changed.

For Dunn, it's been a series of positive changes. Now, the town of 9,900 is bursting at the seams with pride. In 1989, the community was honored as an All-America City by the National Civic League.

For many Dunn residents, that was just gravy for a town that has made a remarkable turnaround over the past 10 years.

"People have started working together for the good of the town," said Marvin Marshall, executive vice president and general manager of South River Electric Membership Corporation, Dunn. "I think everyone began to wake up and realize we have to move forward."

The home of Gen. William C. Lee, founder of the U.S. Airborne Division, is a focal point of community activities in Dunn. It's a museum and serves as headquarters for the Dunn Area Chamber of Commerce.

Dunn's Betsy Johnson Hospital involved local citizens in efforts to attra new doctors and to promote health careers among young people.

As most townspeople tell it, Dunn was going nowhere a decade a The slow deterioration could be seen everywhere—crumbling downt buildings, a cut back on hospital services, widespread citizen apathy.

The town even received a few harsh words from a company that interested in locating a manufacturing plant in the area. One look at D and the company quickly looked elsewhere.

Yet, when things looked darkest, Dunn found a rallying point—s thing to turn the tide: It was the home of Gen. William C. Lee, the fou of the U.S. Airborne Division. Starting with eight citizens, a movemen grew to restore the downtown dwelling and transform it into a muse

Getting help from community and business organizations, the m ment raised more than $750,000 to restore the building, which open a museum in 1986.

"The Lee Museum was a great project to get the town going in t right direction," said Oscar N. Harris, mayor of Dunn. "It really starte turn things around."

Open to the public, the museum has drawn more than 20,000 vi since it opened in 1986. It features an extensive collection of histori facts that is still growing.

The museum is a focal point during Dunn's annual Gen. Lee Cel tion on D-Day. The town also celebrates every year with a Communit Pride Exposition and an Evening-in-the-Park program—showing off t town's new-found pride.

The museum is also the home of the Dunn Area Chamber of Co merce, which is another recent success story. Over the past 10 years membership in the chamber has risen from 200 to 520.

"When community spirit started to change in Dunn, people beg join the chamber," said Patty Lee, the chamber's executive vice presi

no relation to General Lee. "Now, they're ing in line to get on the bandwagon."

Under her direction, the chamber has been noting Dunn in flashy style. Step into her e and the senses are quickly overwhelmed "I Love Dunn" images.

But Dunn's turn-around took more than re- ed buildings and snappy slogans.

A few years ago, Dunn's Betsy Johnson ital faced a problem common to rural hos- s: It was losing doctors and nurses, and ical services were being trimmed.

Shannon Brown, who became hospital nistrator in 1983, quickly moved into n by hiring a medical search firm to help g doctors to the area. The program has attracted 16 new physicians.

Brown handled his nursing shortage by olishing a scholarship program to promote h careers among local ns. Currently, ospital has 20 nts study- nder the ram.

"Some le wonder we did this. see it as a long- investment," he "Replacing nurses can be an expensive r. We want to be able to supply our needs area people—that will help the hospital he community."

With so much to brag about, Dunn had y to recommend it in the All-America City etition. As a finalist, the town's representa- had to appear before judges in Chicago with those of 36 other cities.

t should come as no surprise that Dunn—nallest town competing—had the largest ation: 37 citizens.

That's just another example of how com- y pride has been swelling in Dunn in t years.

You don't hear the word 'no' around here," atty Lee. "If you need something, you just veryone is willing to help."

—Randy Wheeless

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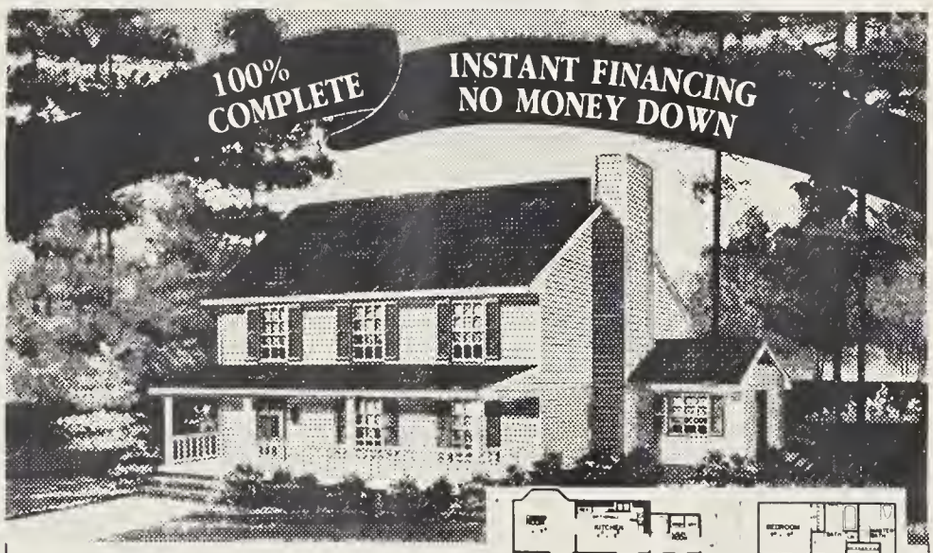

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HANK'S GARDENING GUIDE

Already winter days are showing hints of spring as tender leaves of spring-flowering bulbs begin to poke through the Good Earth.

Now's a time of preparation: it's a time of last-minute dormant spraying, of pruning, of putting out container grown plants and making a general garden clean-up before the burst of new growth and color appears.

Watering

Newly planted trees, shrubs and vines should not be allowed to dry out. The soaking given them at planting time probably will not be sufficient to carry the plants through a dry period.

You'll want to take special precautions to water well just before freezing weather is forecast. Such a watering will aid both newly-set and established plants.

Pansy Care

Continue to feed pansies with a complete fertilizer, such as 8-8-8. Apply at the rate of one-half cup per square yard of bed area. Use same fertilizer for tulips and daffodils.

Remove faded pansy blooms to encourage new growth and blooms.

Spray To Control Scale Insects

Before tender growth buds begin to appear on trees and shrubs, it's advisable to complete spraying with an oil-emulsion to control scale insects. Be alert for such insects as aphids on tender, new plant growth.

Wax-dipped Roses Need Extra Care

You may find bare-root roses that have been wax-dipped to help conserve moisture within the plants. They often are available in garden centers, variety stores, grocery stores and garden centers. The paraffin wax does an excellent job of preventing plants from drying out while they are in sale displays. But the wax sometimes is detrimental to good plant growth after plants are set out.

Sometimes leaflets have developed beneath the wax before they are purchased. The sun's rays melt the wax, often causing a burn or scald to the stems and tender developing growth buds. Many commercial growers enclose stems of wax-treated roses in polyethylene to help offset the problem. This plastic coating should be removed before planting.

Paraffin-dipped plants should be shaded after planting. This reduces damage from hot sun on mild winter days, allowing the wax to weather away as plants begin spring growth.

A few limbs of evergreen trees or burlap on a simple frame gives a good shading.

Newly planted roses will benefit from a mound of soil pulled six to eight inches around the stems of the plant. This keeps stems moist, buds alive—all ready for rapid growth when the weather warms.

Look Toward Vegetables

For the best location of the vegetable garden, choose a sunny, well-drained spot that's void of root competition from trees and shrubs. Spread three or four inches of organic matter (compost, peat, well-rotted manure), over the entire plot, thoroughly mix into at least the top six inches of soil. Plant lettuce, spinach, onions, English peas, radishes, turnips and beets within the next few weeks.

Root Houseplants For Summer Garden Color

Winter houseplants of geranium, coleus, begonia and impatiens often become overgrown and leggy by this time of year. You can take cuttings of these plants now. Root them in moist sand. Strong roots will develop before the arrival of spring's warm weather.

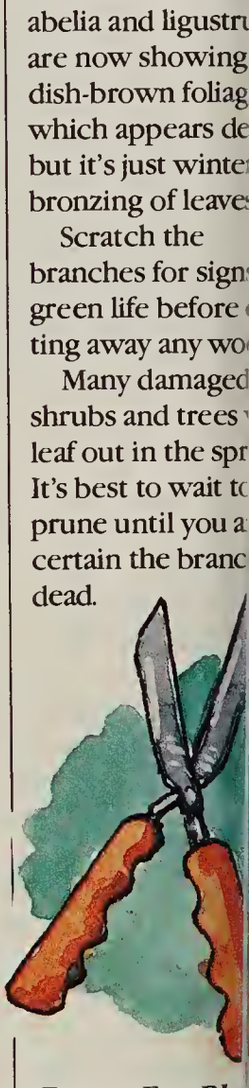
You'll enjoy these new plants and the color they'll bring to your outdoor flowerbeds this summer.

Check Cold-Damage Before You Prune

Any dead wood should be pruned away from shrubs. However, many sh like camellia, azal abelia and ligustru are now showing dish-brown foliag which appears de but it's just winte bronzing of leave

Scratch the branches for sign green life before ting away any wo

Many damaged shrubs and trees leaf out in the spr It's best to wait t prune until you a certain the branc dead.



Prune For Blo

The time of fl ing determines v a shrub should b pruned. Some bl from flower bud formed the prev season (lilac, for azalea, hydrange Others, includin those listed belo

By Hank Smith

ver on new wood
duced the first few
ks of spring.
rape myrtle is the
t popular of all
mer-flowering
bs. It produces
ms on new
vth each year.
ning now will stim-
e an abundance of
growth to pro-
e flower clusters.
etween now and
spring, you'll
t to prune any of
e shrubs that have
vn out of bounds:
irea Anthony
Vaterer (summer
flowering)

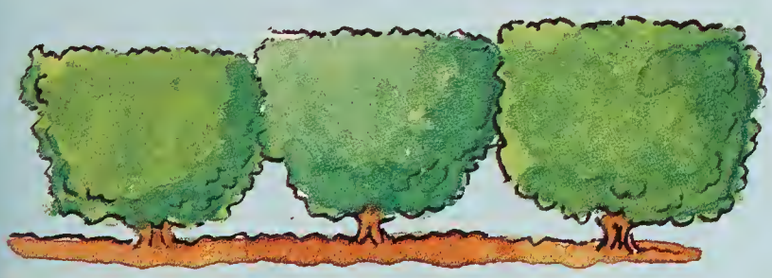
- *Spirea bumalda, Spirea douglasi*
- *Vitex*
- *Althea*
- *Hibiscus* (Rose of Sharon: Mallow hibiscus)
- *Hydrangea*
  Buddleia (Butterfly bush)
  Viburnum
  Roses (garden bush varieties)

Deciduous Shrubs Are Easy To Move

Deciduous shrubs, those that shed their leaves in winter, can be transplanted bare-root during the dormant season of winter.

These plants should be set approximately an inch deeper than they were growing in other areas of your yard or in the nursery row. If you dig your own, take care not to scrape or cut roots with the spade.

Water all newly transplanted shrubs even though the soil may appear moist. Moisture helps drive air pockets out of the soil, making for a close contact between roots and soil.



Prune Top Growth Of Evergreens Before Moving

Moving evergreen shrubs to a new location? Evergreens will fare tter if you'll prune their top growth.

Regardless of how carefully you dig the roots, a plant suffers me degree of shock from being disturbed. It's just as important to t back the plant as it is to get a large ball of earth with the roots. ducing the twig and leaf growth by one-fourth to one-third will ake it easier for the plant to adapt to its new home. And, as the roots gin to function, they will not have more above-ground growth than ey can support. If you desire a spreading-type growth, cut the tip oot from the tree or shrub.

All broadleaf evergreen trees should be partly defoliated when ey are transplanted. Clip off all leaves of the Southern magnolia tree. move about half the leaves of native hollies, including Yaupon holly.

You'll want to remove only a few leaves from camellias and leas.

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Cooking Without 'Chemicals'

The challenge was quite clear: *Carolina Country* should publish more "wholesome, simple and delicious" recipes that call for no *chemicals* such as Cool Whip, Jello or canned soup.

That was the point of a letter we received from Rebecca J. Sadler of Rt. 2, Wake Forest, who objected to the "chemicals" because, she said, "anyone interested in nutrition knows these types of foods are high in fats, sodium, etc."

Mrs. Sadler, a consumer-member of Wake Electric Membership Corporation, Wake Forest, added: "I guess the best argument for keeping it simple, nutritious and *country* is that Grandma didn't have that stuff and therefore didn't use it."

The letter appeared in the "Mailbox" column along with a pledge and an invitation: We'd use some of these "pure country" recipes in a special feature, drawing from submissions by Mrs. Sadler and other readers.

The recipes on these pages include three of Mrs. Sadler's favorite breads and her seven "tips on breadmaking." Plans call for "Pure Country" to become a recurring feature in *Carolina Country*. If you're interested in submitting recipes for it, we will pay $5 for each recipe published.

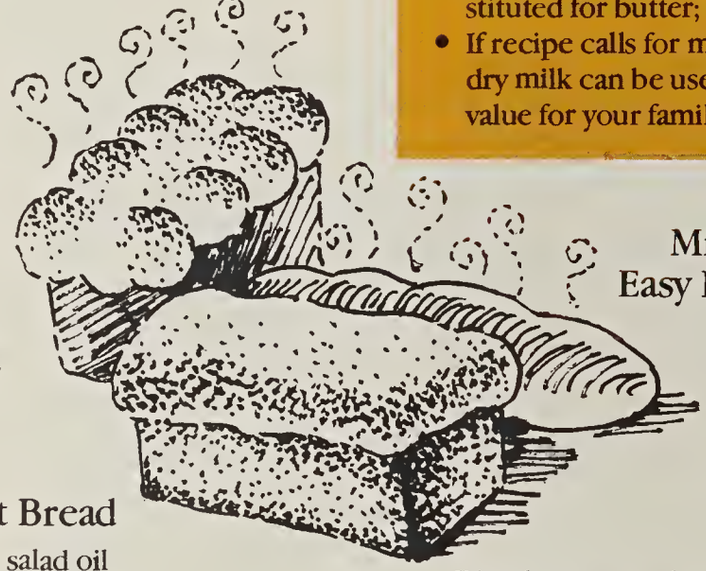
Mrs. Sadler's Tips On Breadmaking

- "No need to knead" on floured surface etc. Simply knead in the bowl you are mixing in.
- Best place for bread to rise is in a cold oven on rack above a pan of hot water
- If bread is placed in greased bowl to rise, grease bowl first; add dough, and turn until it, too, is greased. Cover wit sheet of waxed paper and a cloth towe No mess.
- Do not kill yeast by using water that is too hot. Warm tap water is fine.
- A wire whisk or hand mixer can be used early in recipe to mix solids and liquids. Do not overload your mixer, a dough thickens as you add flour. Use your hands to mix.
- In some recipes, margarine may be su stituted for butter; but butter is best.
- If recipe calls for milk, reconstituted dry milk can be used with more food value for your family.

Mrs. Sadler's Spoon Bread

1/2 C. yellow corn meal
1/4 C. all-purpose flour
1 tsp. baking powder
1 T. sugar
3/4 tsp. salt
1 beaten egg
1 C. milk

Mix together first 5 ingredients; stir in beaten egg and milk. Melt 2 tablespoons butter in 8″ x 8″ baking dish, pour in batter, and pour another 1/2 cup milk over top. Bake in 375 degrees oven for 45 minutes.



Mrs. Sadler's Honey Whole Wheat Bread

4 C. whole wheat flour, divided
1/2 C. instant nonfat dry milk solids
1 T. salt
3 C. water
2 T. salad oil
2 pkgs. dry yeast
1/4 C. honey
4-4 1/2 C. all-purpose flour

Combine 3 cups of the whole wheat flour, dry milk solids and salt and yeast. Heat till warm: water, honey and oil; pour over flour mixture. Blend for 3 minutes on medium speed of mixer. Stir in remaining whole wheat flour and all-purpose flour. Knead about 5 minutes. Put in greased bowl—turn dough ball to grease it. Cover with sheet of waxed paper and cloth towel; let rise in cold oven with pan of hot water beneath for 60 minutes. Punch down; divide into 2 greased loaf pans. Cover; let rise as before for 45 minutes. Bake at 375 degrees for 40-45 minutes.

Mrs. Sadler's Easy French Bread

1 pkg. dry yeast
1 T. salt
1 T. sugar
2 C. very warm w
6 C. all-purpose f
Melted butter

Dissolve yeast, salt and sugar in very w water in large bowl. Stir in flour gradually a knead in bowl 3 minutes. Brush top with n butter, cover with waxed paper and place warm spot to rise one hour.

Punch down, divide into 2 loaves and on greased cookie sheet. Make several shal diagonal cuts across tops with sharp knife, with melted butter and let rise 45 minutes at 450 for 5 minutes and then at 350 for 3 minutes on middle rack in oven with shall pan of hot water on lowest rack.

Southern Blackberry Pudding

Submitted by Mrs. Lois Shook, Candler
From a book printed circa 1900

)lackberries
our
1 Tsp. baking powder
1/2 Tsp. salt

)ip berries in water, then in flour in which the baking powder has ifted. Tie in cheesecloth bag, drop into boiling water and cook for minutes. Serve with the following sauce:

: Mix together 1 C. sugar, several teaspoons cream and 1/4 C. butter)ur over pudding. Serve hot. Serves 6 to 8.

Red Bean Pie

Submitted by Walter W. Benson, Murphy

1 C. cooked, mashed pinto beans
1 C. sugar
3 egg yolks, beaten
1 C. milk
1 tsp. vanilla
1 tsp. nutmeg

Combine ingredients and place in uncooked pie crust. Bake at 350 degrees for 30 minutes, or until set. Make a meringue with the leftover egg whites; spread on pie and brown in oven.

Turkey Or Chicken Loaf

Submitted by Mrs. Rosie Powell, Rosman

hicken or turkey,
)ked and chopped
id pepper to taste
of celery salt
2 eggs, beaten
Dash of onion salt
3 C. left-over stuffing,
(If dry, dampen with gravy)

n a large mixing bowl combine all ingredients thoroughly. Shape loaf and bake at 350 degrees F. for about 30 minutes or until loaf is)ol for a few minutes before slicing. Serve with left-over giblet gravy, erry sauce and a tossed salad. (A complete meal—good enough for any.)

Banana Pudding

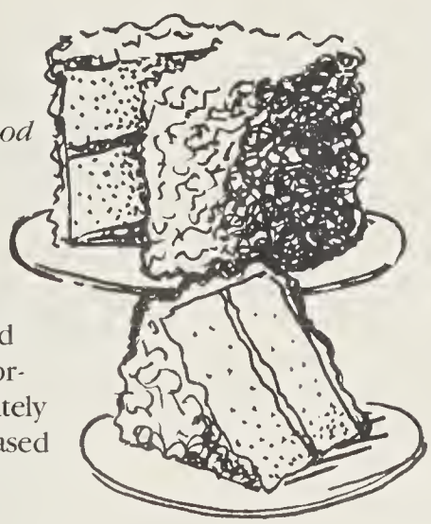
Submitted by Joyce P. Barnes, Youngsville

3 C. sweet milk
1/2 C. flour
Pinch salt
3 eggs, separated
1 1/4 C. granulated sugar
3 drops vanilla
Vanilla wafers
Bananas

Combine egg yolks, sugar, flour and milk in top of double boiler. Cook and stir until slightly thickened. Remove from heat and stir in vanilla. Place layer of vanilla wafers in bottom of 9″ x 13″ glass baking dish, place layer of sliced bananas on top of wafers, place layer of sauce on top of bananas. Continue alternating layers of wafers, bananas and sauce until dish is full, ending with layer of vanilla wafers. Beat egg whites with pinch of salt until egg whites begin to hold soft peaks. Gradually add 4 tablespoons of sugar and continue beating until egg whites are stiff. Spread on pudding and bake at 400 degrees until slightly browned.

Grandma's Country Cake With Caramel Frosting

)mitted by Annette Pittman, Norwood



utter
igar
ted flour
3 tsp. baking powder
1/2 tsp. salt
1 tsp. vanilla
1 C. milk

ream butter and sugar until light, add eggs one at a time, beating each thor-. Sift and add dry ingredients alternately ilk and flavoring. Pour into two greased ake pans and bake in preheated 375 oven for 25 minutes.

e the following frosting:

tter
. brown sugar
1 tsp vanilla
3/4 C. light cream

)ok sugar, cream and butter together until a little dropped into cold orms a soft ball (234 degrees F.). Cool, add vanilla and beat until of ng consistency.

Corn Fritters

Submitted by Mrs. Lois Shook, Candler
From a book printed circa 1900

1 C. corn
1 egg
1/2 tsp. salt
5 T. flour
1 tsp. baking powder
Dash of white pepper

Beat egg lightly, add corn. Sift flour with baking powder and salt and add to mixture. Fry in deep fat 360 degrees F or sixty-second bread test, or on a well greased griddle. (Serves 4).

Grocery Specials Promote "The Other White Meat"

If it seems to North Carolina grocery shoppers that they are seeing a lot of "specials" on fresh and processed pork products, they are right on the mark. The month of February is Pork Promotion Month, a part of National Meat Month.

Across the state, grocery ads are featuring special prices on pork along with free recipe cards, chances at a prize and other inducements to buy "the other white meat," which is also a major North Carolina agricultural product.

Food columns are also spotlighting recipes using the meat that comes "high on the hog" and more than 900 food stores—including major chains—have made use of special displays designed to catch the shopper's eye. Special prices have been part of the bargain.

The entire promotion, since it features a major Tar Heel product, works toward the same goal as the four-year-old "Goodness Grows in North Carolina" program, which is aimed at encouraging consumption of quality food products produced in North Carolina from Tar Heel ingredients.

Among major pork processors participating are Lundy Packing Company of Clinton, which produces both fresh pork products and processed hams and bacon under its own label; Neese's Country Sausage of Greensboro and Wayco Country Hams of Goldsboro. Other brands, including Tomahawk Farms, Hickory Mountain Farms and Alphin Brothers Packing, are also in the program.

The Marketing Division of the N. C. Department of Agriculture and the N. C. Pork Producers Association joined forces with others to organize the program.

Most large and small grocery chain operators have featured both the pork "specials" and recipe cards. Such familiar names as Winn-Dixie, Food Lion, Food Fair, Byrd's, Harris-Teeter, Harris, I.G.A., Piggly Wiggly, Wilson's, Hill's and Pak-A-Sak have been part of the month-long promotion.

Annual Meetings Calendar

Date	Electric Membership Corporation	Time	Location
March			
17	Edgecombe-Martin County, Tarboro	Registration: 1:00 p.m. Business Meeting: 2:00 p.m.	Edgecombe Community College Auditorium, Tarboro
22	South River, Dunn	Registration: 6:30 p.m. Business Meeting: 8:00 p.m.	Cumberland County Memorial Auditorium Fayetteville
23	Jones-Onslow, Jacksonville	Registration: 4:00 p.m. Business Meeting: 7:00 p.m.	White Oak High School, Jacksonville
23	Wake, Wake Forest	Registration: 6:00 p.m. Business Meeting: 7:30 p.m.	Wake Forest-Rolesville High School Auditorium, Wake Forest

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ıte's Community Colleges Offering ee Classes For Those 65 And Older

If you read this column regularly, you already know that older North inians can benefit from discounts on everything from department purchases to dental services, from restaurant food to movie tickets. But, chances are, you may not know about one of the best "deals" you et anywhere. It's available courtesy of the North Carolina General nbly and the Department of Community Colleges.

By law (Title 23, Chapter 2, N. C. Administrative Code) the 58 com- ty colleges that blanket North Carolina offer classes free of charge to 'orth Carolina citizen who's 65 or older.

What's the catch? There is no catch. Students do have to buy the s they need and the supplies they use in class, but there's no tuition o registration fees, under legislation enacted back in 1977.

This benefit is not exactly unknown to many of our older citizens. ıg the past school year, 45,075 citizens 65 and older took extension s at community colleges, according to Tracy Thompson, coordinator blic information for the system.

Two main types of classes are available, and subjects vary among the mmunity colleges. Curriculum classes lead to a certificate, diploma gree. Among topics here are computer programming, secretarial e, business administration, carpentry, industrial maintenance, cos- ogy, electric installation and nursing. All college transfer programs ithin the curriculum program—and you can earn credits for your wo years of college in this field.

The second category is Extension courses, regarded as continuing ıtion. This category can include occupational and technical skill ding, as well as cultural and community service classes. Subjects ed have ranged from aquaculture to photography, from making to shag dancing, personal computer use to retirement planning.

What's more, the community colleges stand ready to create a new e to meet popular demand. So if you and a few friends want to learn ut a certain subject, you need only contact your nearby community e. The proper person would be the dean or director of continuing tion. If the need is demonstrated, you may get your course in the emester.

This is also an opportunity if you are yourself retired from a special- eld, and qualified to teach other senior citizens some of the tech- s you are already familiar with.

you need to know where your nearest community college is or ther questions about this program, write to the N. C. Department of nunity Colleges, Caswell Building, 200 W. Jones Street, Raleigh, NC -1337. Ask for the map showing the community college system, and eceive one promptly.

n addition, any Tar Heel resident who is interested in the services of nunity college can contact the school and get on a free mailing list s subjects and schedules.

You might want to make this contact right away. The next semester at the 58 community colleges will start in March, 1990.

As mentioned, tuition and registration fees are free for both Curriculum and Extension courses paid for by the taxpayers of North Carolina. But there is one category where a small charge might apply.

A new semester begins next month for North Carolina's 58 community colleges, which enrolled more than 45,000 citizens 65 and older for free classes during the 1988-89 academic year.

A few courses are known as "self-supporting" classes because they are provided to meet a specific demand and are not part of the regular schedule. In these cases, usually involving a small number of students, the students vote to pay an assessment that will cover the instructor's fee. This program has proven popular in a number of locations.

But most programs of the community college system are completely free. Aside from those already mentioned:

- Each location has a library which is available to folks in the community whether they are students or not.
- Most of the 58 colleges are part of the Small Business Center Network, created in 1983 to serve small businesses in North Carolina. It is expected that this network will expand to include all 58 community colleges in the near future. Most services are free, and available to owners of small businesses or those hoping to start one.

Retired business owners or managers, retired business and industrial supervisors and managers provide the instruction. The Senior Corps of Retired Executives (SCORE) group is active in this program.

Scope of the program includes classes, seminars, business counseling and referrals. Tax tips, cash flow problems, workmen's compensation, computer use and even advertising are possible services to be included.

Under Gramm-Rudman Law

Proposals Aimed At Assuring Budget "Honesty

Is the Gramm-Rudman-Hollings law hiding the truth about the size of the federal budget deficit from the American people?

Some members of Congress think so—and they want to do something about it.

North Carolina Sen. Terry Sanford and New York Sen. Patrick Moynihan, both Democrats, say they will introduce measures to assure that the government practices budget "honesty."

"Under Gramm-Rudman," Sen. Sanford maintains, "the 1988 budget deficit was $155 billion. The real deficit—the total amount government had to borrow to cover the shortfall is more like $255 billion."

Sen. Sanford and a number of other Senators agree that the Gramm-Rudman figures aren't accurate.

When things crop up that are going to cost the government money they are taken "off budget," which means they are not taken into account when the deficit figures are calculated. One such item was the $6 billion appropriated to cover losses in the savings and loan scandal, which is going to cost $150 billion or more before it is settled.

But the principal way the budget books are "cooked" is by the government borrowing from itself. The biggest item is the Social Security Fund, Sen. Sanford says.

Social Security is now running a huge surplus, as the tax on paychecks has increased each year until it is now more than 15 percent. The tax increase is meant to furnish a comfortable nest egg to be available when the large group of "baby boomers" retire. This past year the surplus was $60 billion, which was used to fund the deficit but which the public was never told about.

There's nothing illegal about this. The Social Security surplus goes into the Treasury and Social Security gets an "IOU" from the government, and the money is to be repaid at some undetermined point in the future when the baby boomers come along.

But Sen. Sanford, who says the deficit is "growing faster than kudzu," thinks this may be dangerous in the long run and he wants the public to be informed. He has introduced an "Honest Budget Act," which would establish the true size of the public debt and require the President to come up with a real plan to reduce it.

Sen. Moynihan wants to go further. He calls the present budget figures given the public "deceitful" and wants to cut Social Security taxes from the 15 plus percent to the amount needed to pay Social Security's monthly bills, eliminating the surplus. This, however, would undo the formula for building a surplus to take care of future needs.

Although Sen. Moynihan was motivated by the hidden aspects of spending the Social Security tax, his plan got support from conservatives and caused Bush to call for taking the pension "off budget" and putting the surplus into a separate trust fund during the next few years.

Observers say the Sanford bill to require that the government disclose the true size of the federal debt has a chance to pass although it will no doubt be opposed by the administration. But, as one congressional aide put it, who can explain a vote against telling the public the truth?

Congress Already Primed To Sp 'Peace Dividend' From Defense

The startling changes that have swep over Eastern Europe recently—which see mark the end of Communism as the princ form of government and the end of the co between Russia and the West—may help C gress find new ways to balance the U. S. bu

The country got deeply into debt be during the Reagan years the military budg greatly increased while taxes were lower

(See related editorial, page 3)

Now, thanks to the winding down of the war, it seems certain that our military get is going to be cut drastically.

The country is spending over $300 billion a for its defense, and a large part of that is t on keeping an army of 300,000 troops in pe. Some of those troops are coming home, th Russia and the U.S. reduce their forces.

Other plans are going to be changed. The agon schedule calls for upgrading our short e missiles in Germany. These missiles don't n the Soviet Union but they can be trained oland, Hungary and other former Soviet .

Now such political leaders as Sen. Sam n (D-GA), chairman of the Senate Armed ces Committee, say there's no need to ce the missiles.

"Who are we going to shoot," asked one ressman, "Lech Walesa?," referring to the h leader who spearheaded the campaign for cracy in his country.

But when the budget cuts do come, there e lots of differences over what to do with oney that will be available.

President Bush has voiced an early warning t a "peace dividend" that will come when efense budget is cut, and has indicated that vings should go toward reducing the nal debt.

But many members of Congress, returning ir home districts during the year-end holi- vere telling constituents that when the se budget is cut, there will be more money lucation, health services, post offices, and things their voters might want.

And in doing so, they are sending a mes- hat they, as incumbents, will be better able b some of that money for the home folks.

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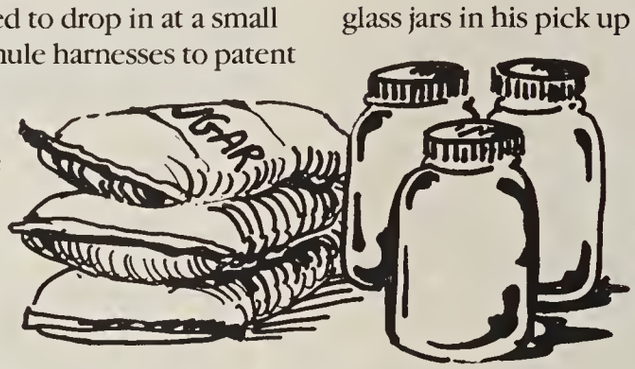
Provisions For A Special Recipe

Before and after World War II, North Carolina was known as a place where lots of "sugarhead" or "white lightning" whisky was made. Despite frequent raids by sheriff's deputies and federal revenue agents, the trade persisted.

A main ingredient, besides corn meal, was granulated sugar. And the sugarhead was bottled in quart jars, designed for home kitchen use.

One day a roving newspaper reporter happened to drop in at a small country store—the kind that sold everything from mule harnesses to patent medicine. While the reporter was enjoying a light snack and cold drink (no coffee was available), a farmer walked in. Without noticing the reporter, he told the storekeeper he had come to pick up "his order."



The owner hesitated, but finally brought the order in: 50 or more large bags of granulated sugar and a stack of cases of one-quart jars. With a glance toward the intruder, the storekeeper struc conversation with his customer.

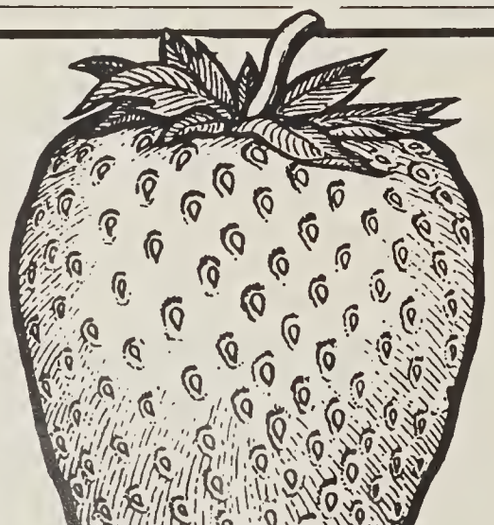
"I guess your wife is fixing to put up s of her pear preserves."

"Yeah. We had a lot of pears this year, she's getting ready to can a year's supply. I ciate your having this sugar and jars for her

The customer loaded the sugar and th glass jars in his pick up and departed. So di reporter, without a a question.

Outside, the Ja wind was cold and sky was slate gray. H for the pines and c not a single tree ha leaf left.

—Fran



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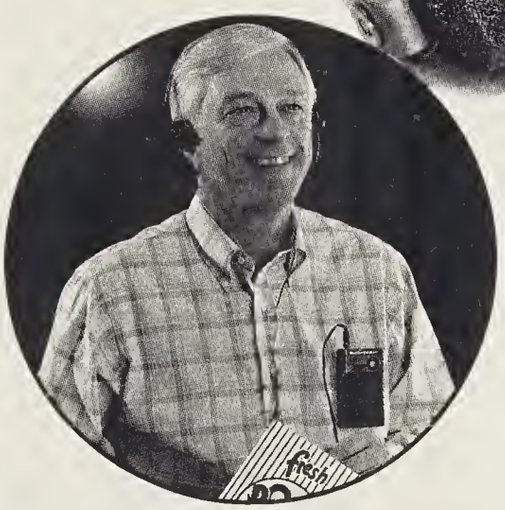
Just imagine what it would be like to hear sounds that you could never hear before. Studies show that there are thousands of different sounds that are not normally audible to the average person. Slip on a pair of these technologically advanced headphones and you'll instantly hear like a super hero. Incredibly, you'll be able to hear people talking in the next room loudly and clearly, or a pin drop from 50 feet away! Take a walk outdoors and you'll hear birds sing like you've never heard



them sing before, and hear deer coming before they hear you! It's an outdoorsman's dream come true.

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Whisper2000™ has dozens of practical uses! Take it to the movies, theater, or lecture hall and you'll never miss a word. It's great for watching TV with a spouse — just keep the volume on low and turn on Whisper2000™. She can read while you watch the ball game! Now you can enjoy the crisp, clear sound of a TV or radio playing at low levels, without blasting everyone else in the room. Experience the fascinating world of super hearing - order today!.

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To make the ribbon fans pictured, all you need is sheer or lace-edged ribbon, a stapler, and a glue gun. Cut the ribbon into five lengths, pleat the fans according to the directions and staple one end of the fan together. Glue two fans base-to-base on the package, and then glue the remaining three fans at upright angles on top of the first two fans. So easy and so pretty!

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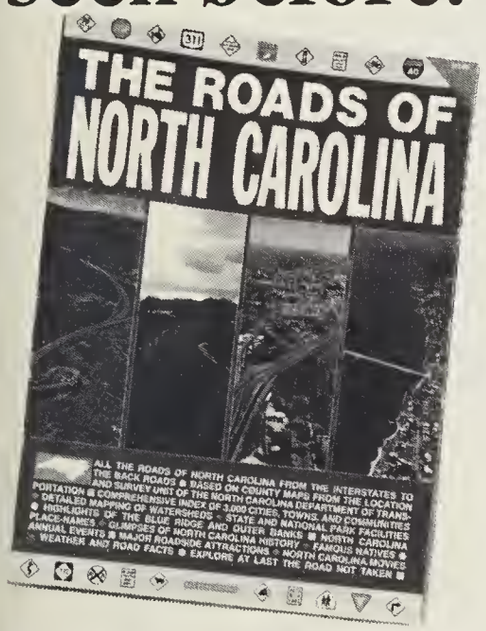
Here's a North Carolina you've never seen before.



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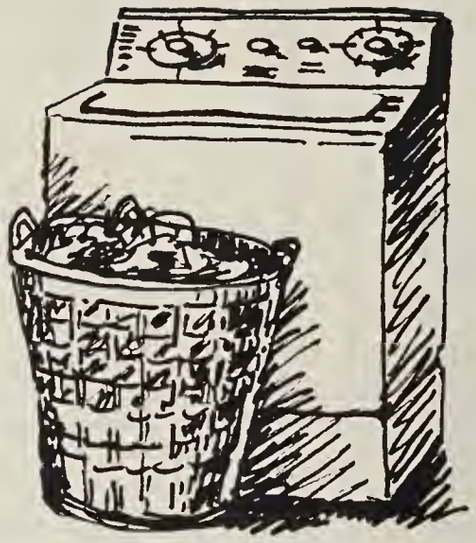
New Washers Offering Energy-Saving Features



Much of the energy used in home laundering is for heating the water. That's why it's important to shop carefully when it's time to buy a new automatic washer. Look for energy-saving features such as water level control, flexible cycles and wash times, and the ability to select cold water rinses for all cycles, says Dr. Harriet T. Jennings, extension clothing specialist at North Carolina State University.

Many automatic washers have a water level control. When used properly this control can conserve water and energy. Select a washer with adjustable controls so you can match the water level to the size and type of load.

"Too much water is wasteful. Not using enough may mean you'll need to rewash the clothes to get them clean," Dr. Jennings says.

Because of tub construction, there is a variation in the amount of water used by different washers. Check product literature and ask about the amount of water needed to complete a normal cycle.

Most washers let you adjust the wash cycle length, and there is no reason to use the full wash time for a load of clothes that's only lightly soiled. Adjusting the length of wash time to the degree of soil can save you time and energy.

Look for a washer that allows you to adjust the temperature for both wash and rinse cycles. A soak cycle can be another energy saver, says Dr. Jennings. Use the soak cycle to loosen stubborn stains on heavily soiled clothing.

Some automatic washers have a built-in suds saver option that allows you to save the wash water and use it in the next load. If you want to use this option, start with white or color fast, lightly soiled loads. Each time the water is reused, you will need to add more detergent.

Use cold and warm water settings as much as possible to cut down on the energy needed to heat water for laundry.

Follow detergent instructions. Using too much detergent makes your washing machine motor work harder than it needs to work. Using too little leaves you with dirty clothes.

Clean the lint filter on your washer and dryer after each load. Remove al garments from your dryer as soo the cycle is finished. This will cu down on ironing.

Also, let the ironing pile up Ironing large amounts of clothes one time is more energy efficien than heating up an iron several times to do the job. Use the lowe setting on your iron that will do job. Turn off your iron just befor you're through, and use the heat retained in the iron to finish up.

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BOOKS

'myl Jenkins' Appraisal Book by Emyl Jenkins, Crown Publishers, lew York. 326 pages. $24.95.

Ve all grieved with the victims as we heard of the wrath of recent :ane Hugo. Some lost their homes and all their possessions. low well are you prepared for fire, natural disaster or even burglary? new book by a Raleigh author and appraiser gives step-by-step ions for a do-it-yourself inventory. *Emyl Jenkins' Appraisal Book* a way of "identifying, understanding and valuing your treasures." rs. Jenkins, owner of the largest appraisal firm in the area, insists e all have far more "treasures" than we realize and should any kind ster strike, it's often impossible to document everything for insur- r even replacement.

he wife of St. Mary's College president Clauston Jenkins, Mrs. Jen- mes by her love of antiques naturally—her father and grandfather ollectors. Knowledgeable and in great demand as a speaker, Mrs. s gives scores of presentations each year all over the country and ess radio and television talk show interviews. When she is not travel- e is writing columns and articles for magazines.

er appraisal book is an expanson and update of an earlier book, *ou're Richer Than You Think,* published in 1981. The new book orates some of the earlier book's material, along with seven addi- hapters and 200 photos and illustrations.

rs. Jenkins tells her readers how to list and estimate the value of all ossessions—from the cherished items inherited from great-grand- to the campaign button from the last election. A complete and te inventory is crucial, she says, because people *must* know the f possessions in the events of: death, fire, theft or divorce.

rs. Jenkins' new book is especially useful as a reference when set- n estate. She provides advice on how to find a tag sale, how to attend ion, how to evaluate items for gifts to charities or museums, how to photographic inventory, how to identify fakes—deliberate or unin- al. There's also a list of questions and answers.

et's face it," Mrs. Jenkins points out, "we all have possessions, and ave relatives who will either leave us items in a will or leave an or us to settle."

one time or another, we all will need an appraisal or we'll be ared to face the cold IRS agent. In today's fast-paced marketplace, e is always that we will *not* have any disaster or burglary, but any y—even divorce—is far easier to face if one is prepared, she warns.

e book's five divisions flow logically from chapters on "Why Your ions Are Valuable," through "Making an Inventory," and "Where To her Answers." The text and black-and-white illustrations offer a sample of the appraiser's knowledge, and are designed to help ler gain a new appreciation of his own possessions or those of a nember. The author's advice throughout is to "beware" and to what you have."

case of disaster, burglary, divorce or estate-settling, you can be ad by taking the advice offered in this interesting book.

—Peggy Howe

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CC020

By Owen L

Ava: Just One Of The "Home Folks

CBS certainly *ought to know better!*

That was my first reaction when I heard the story on an afternoon "News Break" while waiting to get my car serviced. Morton Dean had read the late report out of London: Ava Gardner, dead at 67.

But he'd called her "a South Carolina girl" who rose to fame as a movie star! How could he say that!?

Okay, I said to myself, maybe those bright young writers up there wouldn't remember Ava except as a reclusive celebrity who only occasionally took on acting assignments. But, surely they have a library at 51 West 57th Street, where they could quickly check the facts, even for a brief obituary! Surely *Who's Who* would still list Ava and make it clear that she was a native of Johnston County, *North* Carolina.

And, where was Good Ol' Charles Kuralt, the Wilmington native who's a regular workhorse for CBS News? He would have set the record straight. Maybe he still will, I thought, before the story airs again. Somebody did catch the error before it could be repeated on Dan Rather's newscast that evening.

Later, I wondered why I'd been so disturbed about the report.

I knew part of it was the editor in me, always cringing at errors in the media because they reflect on all of us in the communications business.

It went far beyond that but I wasn't sure why. I grew up watching Ava's movies, although I've never really been one of her fans. It was the movies that hooked me and she became part of that addiction, I suppose.

It began during Holywood's "golden era," when the stars were often billed above the titles and their names on a marquee were enough to draw a crowd. Ava was one of them, of course, moving sensuously across the big screen with the likes of Clark Gable and Humphrey Bogart.

As we watched those larger-than-life figures in darkened theatres, we saw her as a symbol of life's possibilities. She was one of *us*—just a farm girl from "over near Smithfield"—and she'd hit it big, even in Tough Ol' Tinseltown. We had little concern about her acting prowess.

She was one of t
"home folks" wh
happened to fin
cess as a movie
She never tried
anything else, d
the glitter and th
glamour. And sh
never tried to hi
Tar Heel roots.

That kinship
our state never
seemed to chan
she went throug
three failed mar
and a succession
flamboyant com
ions. She mainta
ties with family
friends back hor
often visiting qu
to avoid a stir.

As her career
came less dema
she settled into
key lifestyle in L
When the end c
she was buried back home in Johnston County, according to her wis

More than 3,000 visitors paid their respects to the late star, filir
through Smithfield's Underwood Funeral Home. At the funeral, the I
Francis C. Bradshaw delivered the eulogy, saying Ava was "no saint"
she was nonetheless remembered among her relatives for "her auth
ity, her genuineness, her wanting to be strictly who she was."

I liked that sense of "genuineness" about her and I respected h
holding on to it amid the bright glare of show business spotlights.

That quality, which is rare indeed in a film legend, was clearly reflected in one of Ava's interviews several years ago. It's been quot
some of the media coverage of her death. She said she never really w
to live her life as an international celebrity. If she'd had a choice, she
she would have gladly swapped her career for "one good man I cou
and marry and cook for"—a man who'd stick with her for life.

"I never found him. If I had, I would have traded in my career i
minute. It meant nothing to me measured against the importance o
riage that would last."

At heart, she had remained one of the "home folks" and she did
mind admitting it.

Maybe that's why I objected when CBS linked her with South
lina. I wanted the world to know that, to the end, Ava was still one

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We ship all orders the same day plugs are packed, shipping and handling charges collect via most reliable means. For credit card orders shipping and handling costs will be added to your account.

TO: Zoysia Farm Nurseries, Dept. 676
General Offices & Store
3617 Old Taneytown Road
Taneytown, MD 21787

Please send me guaranteed Amazoy as checked below:

☐ 100 PLUGS Plus 20 FREE	☐ 100 PLUGS Plus 30 FREE with Plugger	☐ 300 PLUGS Plus 60 FREE	☐ 300 PLUGS Plus 90 FREE with plugger
$5.95 Total 120 Plugs	$9.95 Total 130 Plugs Plus Plugger	$12.95 Total 360 Plugs	$16.95 Total 390 Plugs Plus Plugger

☐ 600 PLUGS Plus 180 FREE with FREE Plugger	☐ 1500 PLUGS Plus 450 FREE with FREE Plugger	SPECIAL OFFER! ☐ 3000 PLUGS Plus 900 FREE with FREE Plugger
$25.95 Total 780 Plugs Plus Plugger	$49.95 Total 1950 Plugs Plus Plugger	$69.95 Total 3900 Plugs Plus Plugger

☐ Additional Plugger $6.95 — Md. residents add 5% sales tax.

I Enclose $_____ ☐ Check ☐ M.O.

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Bulb Sampler Guaranteed To Bloom This Summer
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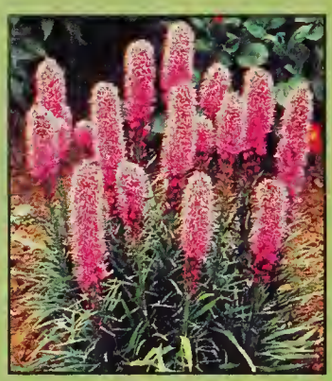
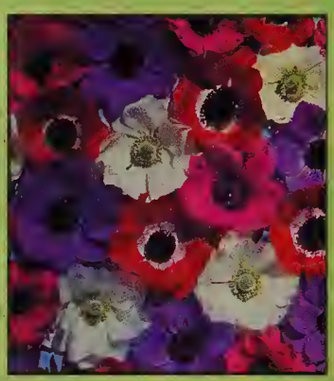


6 BLAZING STARS
6 - 8cm

7 GLADS
#4 size

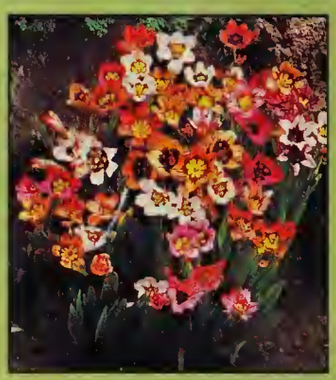
3 TIGRIDIAS
5 - 7cm



6 ANEMONES
2 - 3cm

6 FREESIAS
4 - 5cm

6 LITTLE GEMS
4 - 5cm



6 PATCHWORK PETALS
4 - 5cm

3-YEAR GUARANTEE

If you are not satisfied with the quality or condition of your bulbs, you may return them within 15 days for a full refund. Any bulb not flowering to your satisfaction will be replaced FREE! (3-yr. limit)

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All seven varieties imported from Holland — 40 bulbs in all — for just $3.95. Quantities are limited — Order now!

S90

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1950 WALDORF, N.W., DEPT. BG-158
GRAND RAPIDS, MI 49550

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(Please circle the correct title and print name and address)
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MRS. MISS _____

ADDRESS _____ APT.# _____

CITY _____ STATE _____ ZIP _____

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☐ Bill on my credit card, plus 60¢ for postage and handling. Please indicate which card you wish to be billed on, card number and expiration date.
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